



Your Voice, Your Experience

About this survey Thank you for taking the time to complete this survey. You have been asked to complete this survey because you are attending a project funded by the South Yorkshire Violence Reduction Fund. Your responses will help us improve support for other young people in the future. It is completely your choice if you want to complete the survey. You can skip any questions you don't want to answer, and you can stop taking part at any time without having to give a reason. Please read the information on this page first to decide if you are happy to continue.

What the survey involves The purpose of the survey is to understand your experience of the project you've been attending. The survey will ask you questions to find out how the project you are attending is making a difference to your life. It should take around **10 minutes** to complete. If, when completing the survey, you feel you need support, you can contact:

- Mind (mental health) – 0800 138 1692 (9am-5pm, Monday-Friday)
- Samaritans (emotional/talking support) – 116 123 (opening hours branch-specific)
- Childline (up to 18 y/o) – 0800 1111 (24/7)
- Citizens Advice Bureau England (free, confidential and impartial advice) – 0800 144 8848 (9am-5pm, Monday-Friday)
- Refuge National Domestic Abuse Helpline (domestic abuse) – 0808 2000 247 (24/7)
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How we use the information you share The information you share will be stored on South Yorkshire Combined Mayoral Authority's (SYMCA) secure SharePoint site and will be accessed only by evaluation leads at SYMCA. Your answers will be kept confidential. No one running your sessions will see what you say as an individual. SYMCA will look at everyone's answers together to help make projects better for people. SYMCA will collect and store your data according to UK GDPR law.

Your rights to withdraw Because we are not collecting your name or any other way to easily identify you, when you submit your responses, it will not be possible to withdraw your data.

Contact If you have any questions about the survey, please contact Mike Parker, Evaluation Lead at the South Yorkshire Violence Reduction Unit, at mike.parker@southyorkshire-ca.gov.uk.

Thank you for taking the time to share your views!

* Required

1. I have read and understood the information provided to me about this survey. *

Yes

No

2. I consent to SYMCA using the data I provide through this survey for the purpose of this evaluation. *

Yes

No

3. You will have been given an "identifier". Please type it in here, as we will need it for any follow up surveys. Remember that your project cannot see your results, and SYMCA does not know who the identifier refers to. *

4. Which project have you been a part of?

These options are left blank as we have not decided on the projects.

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5. How much of the project or activities have you taken part in so far?

I haven't started yet

I've only just started

I've taken part a few times

I've taken part in most of it

I've taken part in all of it

3. How I'm feeling

These questions are about how you feel right now.

6. Please tell us how much you agree or disagree with each of the following sentences about how you feel right now.

	Strongly agree	Agree	In the middle (not agree or disagree)	Disagree	Strongly disagree
I'm looking forward to taking part in this project.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think this project will help me learn new things about myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I hope to meet new people and make friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have friends I can trust and talk to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have adults I can go to if I need help or advice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel I belong in my community or local area.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe where I spend most of my time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. What do you hope will change for you after taking part in this project?

These questions are about you and your feelings.

Everyone has different ways of understanding and managing their emotions. There are no right or wrong answers - just choose what feels most true for you.

8. For each of the sentences below, please tell us how much you agree or disagree.
Think about what's true for you most of time.

	Strongly agree	Agree	In the middle (not agree or disagree)	Disagree	Strongly disagree
I try to understand how other people feel.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get angry easily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I make friends easily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I stay calm when things go wrong.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I often fight or argue with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

About me and my feelings

Here are a few more questions about how you understand and manage your feelings.

9. For each of the sentences below, please tell us how much you agree or disagree.
Think about what's true for you most of time.

	Strongly Agree	Agree	In the middle (not agree or disagree)	Disagree	Strongly Disagree
I listen carefully when people talk to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel nervous or worried a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like helping people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can calm myself down when upset.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think before I act.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How I deal with challenges

These questions are about how you deal with challenges or tricky situations.

Try to think about what's true for you most of the time.

10. The sentences below are about how you deal with challenges or problems.

Please tell us how much you agree or disagree with each one.

	Strongly Agree	Agree	In the middle (not agree or disagree)	Disagree	Strongly Disagree
When something bad happens, I can usually find a way to feel better soon.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can stay calm when things don't go my way.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can adjust when plans suddenly change.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When life gets difficult, I find a way to move forward.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can learn from hard times.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How I deal with challenges

Just a few more questions about how you keep going and get help when things are hard.

11. The sentences below are about how you deal with challenges or problems.
Please tell us how much you agree or disagree with each one.

	Strongly agree	Agree	In the middle (not agree or disagree)	Disagree	Strongly disagree
I can figure out how to solve problems I face.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I make a mistake, I try again instead of giving up.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have at least one person I can count on for help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It's hard for me to handle change.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I usually keep trying even when things get tough.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How I handle arguments and conflict

Finally, here are some questions about how people deal with arguments or conflict.

Remember, there are no right or wrong answers. We just want to know what you think.

12. For each of the sentences below, please tell us how much you agree or disagree.

Think about what you would usually do or feel in these situations.

	Strongly agree	Agree	In the middle (not agree or disagree)	Disagree	Strongly Disagree
Using violence to get my own way is acceptable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone disrespects me, it's okay to use violence against them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would try to calm things down if my friends wanted to fight other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People gain more respect when they're willing to fight.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sometimes it feels like fighting is the only way to solve a problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Completion

You have completed this survey!

Thank you for sharing your thoughts!

What you've shared helps us learn how young people in South Yorkshire see themselves, handle challenges, and feel about their communities.

We'll ask you some of the same questions again later, to see what's changed after more sessions or activities.

If you have any questions about this survey or the South Yorkshire Violence Reduction Fund projects evaluation, please contact Mike Parker at mike.parker@southyorkshire-ca.gov.uk

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